

Greetings Champion!

Life is about growing, developing, maturing, and discovering your purpose in life as you walk with God. Much of the information we receive, believe, and order our lives by comes to us through the five senses: hearing, tasting, smelling, touching, and seeing.

We must be aware that because our senses can be deceived, we often accept false concepts, values and beliefs that have come through our conscious mind. The Bible says that we are “spirit, mind (soul), and body” (1 Thessalonians 5:23).

Our conscious mind is objective. It observes, is rational, that is, it rationalizes and makes instant judgment calls about things without having all the facts. According to the National Geographic Channel’s TV show, “Brain Games,” our mind fills in any blanks, sometimes with absurd thoughts and judgments that cause us to believe incorrect and sometimes harmful things.

Our conscious mind screens all incoming data and allows the subconscious mind (which is what the Bible calls our “heart” or human spirit) to accept only that which it perceives as the “truth,” even if what is perceived is not the “truth” but a disempowering falsehood.

To the conscious mind, “TRUTH” is anything that lines-up with our previously established belief system, (those things which we have heard most often).

What we see with our conscious mind often deceives us. When we look at the horizon the sky and earth seem to meet; a rainbow seems to disappear into the ground and railroad tracks seem to come together in the distance. These distortions are the result of false images and messages from our conscious minds.

To free ourselves from the limitations of our conscious minds, we must turn to the Word of God for the source of TRUTH. Jesus said, “The words that I speak unto you, they are spirit, and they are life” (John 6:63). He also said when praying to His Heavenly Father, “Thy word is TRUTH” (John 17:17).

To get more out of life fill your mind with the Word of God,

Pastor Glen