

Greetings Champion!

Blessings and increase to you in the mighty name of Jesus!

There isn't always someone around to **en**courage you (put courage into you). In fact, the devil tries to be sure there's either someone or some circumstance to **dis**courage you (drain your courage from you). Remember, **dis**couraged means, *courage has been taken out of you*.

YOU MUST BECOME A SELF-ENCOURAGER!

Daniel didn't wait until he was thrown into the lions den to start developing his faith. He had a habit, a discipline, a custom of seeking God every day. When he got thrown into the lions den, he was already prayed-up and had well-developed faith. He had an ongoing track record with God.

Get in the habit, discipline, and custom of encouraging yourself on a daily basis in the little things. Soon, self-encouragement will be your beneficial default mode. You will do it automatically.

When you wake up in the morning and don't feel like going to work, learn how to encourage yourself to get up and get going. If you have started an exercise program with some friends and suddenly, they've let you down and dropped out, encourage yourself to continue your discipline for yourself, and by yourself, if necessary.

If you want to push away from certain bad habits, learn how to encourage yourself to make right choices. If you're trying to lose weight, encourage yourself to only eat foods that feed and nourishes your cells instead of fried foods and junk food that only delight your taste buds but has no real benefit to your body.

If you have put off doing a difficult or unpleasant task, encourage yourself to always "*get the bum over with first*" and do the unpleasant task until it becomes a habit, and it will relieve a lot of strain, stress, and worry from your life.

Nothing to it but to do it,

Pastor Glen