

Greetings Champion!

Blessings, increase, power and might, and dominion to you in the name of Jesus!

We have been looking at various excerpts from my book, *“Jesus Recovered All.”*

In the book, we see how David experienced a great loss and was very discouraged. We also see what he did to regain his courage and how he trusted God to recover all that was lost. David had to shake himself out of his discouragement.

It’s time for us to stop sleepwalking, de-hypnotize ourselves, and wake up!

Do you remember the “Aqua-Velva” aftershave commercial on TV many years ago? The man shaves his face, looks in the mirror, splashes on some Aqua-Velva, then a hand slaps his face, and he says, *“Thanks, I needed that.”* Well, some Christians need to slap themselves out of the self-pity party of discouragement, victim mentality, and the “woe is me” stinking thinking they’re in. Get out of the funk!

Nothing kills faith and prevents blessings like fear, worry, negative thinking, and self-pity. Discouragement is a faith quenching, happiness draining, courage stealing, and a joy killing enemy.

If you’re down, play a Christian victory song track. Start singing and praising God, speak the Word, look alive, read your Bible or some encouraging scripture cards, and God will work for you **after** your encouragement returns.

Once encouraged, David heard from God, who said, *“Pursue your enemy, and you will recover all”* (1 Samuel 30:8). And he did. While discouraged, David was the pursueee. When encouraged, David became the pursueer. Your enemy either pursues you, or you pursue your enemy depending on your encouragement level.

Get out of the funk,

Pastor Glen