

Greetings Champion!

Want to know some principles for success in 2016? Consider the following...

Proverbs 4:20-23 My son, attend to my words; incline thine ear unto my sayings. ²¹Let them not depart from thine eyes; keep them in the midst of thine heart. ²²For they are life unto those that find them, and health to all their flesh. ²³Keep thy heart with all diligence; for out of it are the issues of life.

Verse 23 tells us to KEEP our heart with all diligence. That means to **Guard**, **Defend** and **Protect** our heart.

Your heart and mind are the core and foundation of your life. Everything is built upon it.

How do we guard, defend, and protect our heart?

Jesus told us to take heed what we hear (Mark 4:24). Being guarded about what you allow yourself to hear is one way to guard, defend, and protect your heart and mind.

You must treat your heart and mind like you would a greenhouse. A greenhouse must have just the right amount of heat, the right amount of light, and the right amount of moisture to flourish.

The same goes for your heart and mind. You must HEAR things that are constructive and edifying. You must THINK things that are constructive and edifying. You must BELIEVE things that are constructive and edifying. You must only SAY things that are uplifting and edifying. And you must DO things that are constructive and edifying.

Because we are constantly being bombarded by negative people and satanic suggestions every day, you must guard, defend, and protect your heart by taking heed to what you allow yourself to hear, think, believe, say, and do.

You are loved and blessed,

Pastor Glen